

UNITE  
FOR  
GOOD

Rotary Club of Chennai Capital  
District 3233



JUL - SEP ISSUE

2025

# CAPITAL TIMES

A PERIODICAL OF  
ROTARY CLUB OF CHENNAI CAPITAL

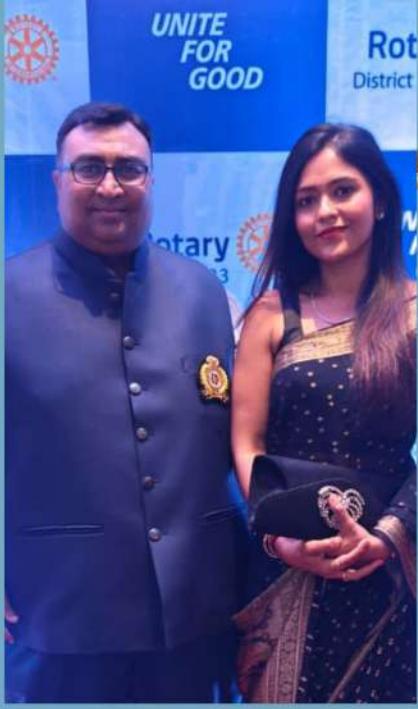


OUR SHARED  
SIGNAL IS

*Kindness*

UNITE TO  
LINK HEARTS

UNITE  
FOR GOOD...



# From The President's Desk

Dear Fellow Rotarians,

As we draw the curtain on the first quarter of our Rotary year, I am filled with immense pride and heartfelt gratitude. These past months have been a powerful reflection of our collective spirit—our unwavering commitment to service, fellowship, and meaningful impact. Together, we have set a remarkable pace, one that speaks volumes of our

Veerashivaji's diligence in documentation and partner onboarding. Rtn Vinay Grandhi's exemplary fundraising—7.5 Lakhs towards a mammogram machine—stands as a shining example of service through generosity.

## DANDIA NITE – A DISTRICT-WIDE CELEBRATION

As the Lead Club for the spectacular *Dandia Nite* at Hyatt Regency, we welcomed over 350 Rotarians, Anns and Annettes from across the district. Kudos to Rtn DK Jain and Rtn Amit Shah for their impeccable planning, fundraising, and flawless execution.

## BIRTHDAY & ANNIVERSARY GIVING

We've encouraged members to celebrate their special days by contributing to our five focus areas: Cataract Surgery | Grant a Wish for a Child | Anna Danam | Dialysis | Flight of Fantasy

## SOCIAL MEDIA & MAGAZINE

A heartfelt thanks to Ann Sonu for her creative stewardship of our digital presence. Her efforts have ensured that our activities are beautifully chronicled and widely shared, keeping our club vibrant and visible online. Kudos to our talented editors Ann Dhwani and Rtn Sriram for the fabulous work on our quarterly magazine. Their thoughtful design & crisp yet detailed coverage have truly captured the essence of our club's events.

## INTERNATIONAL PRESIDENT RECOGNITION

A proud moment for our club—Rotary International President Francesco Arezzo recognized our Major Donors during his visit to India in August. Our esteemed Major Donors: Rtn Shriram Duvvuri | Rtn Dr. C.M. Kishore | Rtn Sanjay Goel | Rtn Alok Mimani | Rtn Apoorva Modi

## GRATITUDE & ACKNOWLEDGEMENTS

Our club officers have represented us with distinction at all district events. A proud highlight was attending the Pre-PELs of DGE Rtn Shriram Duvvuri—the youngest DG in our district's history.

## SPECIAL THANKS TO:

Rtn Shriram Duvvuri, our club mentor, for his unwavering guidance.

Rtn Alok Mimani (Club Trainer) and Rtn Kishore Reddy (District Connect) for their steadfast support.

Rtn Rajkumar Narang (Secretary) for meticulous documentation and timely reporting.

Rtn Madan (Treasurer) for ensuring financial discipline—we've collected 60 subscriptions so far, with 32 to go!

Rtn Ashok, for inviting Dr. Ravi N. Margasahayam, senior NASA scientist, as Guest of Honor for my installation.

My sincere thanks to DG Rtn Devendran for his unwavering support and gracious presence at our club events—your encouragement means the world to us.

And above all, my deepest appreciation to First Lady Ann Roshni Modi, whose grace and presence—even in my absence—have ensured that *Capital* remains ever radiant and represented.

Let us carry this momentum into the next quarter with renewed energy and purpose. Together, let's continue to transform ideas into action and challenges into opportunities.

*Here's to a remarkable beginning—and an even more inspiring journey ahead.*

Warm regards,

**RTN APOORVA J MODI**

President, Rotary Club of Capital - 25-26

unity, passion, and shared vision.

From transformative service initiatives to enriching engagements and spirited fellowship, we have truly embodied the Rotary ethos. Every endeavor was infused with purpose and enthusiasm, and the results are a testament to what we can achieve when we move forward as one.

## CLUB ENGAGEMENT & FELLOWSHIP

Thanks to the dynamic efforts of Rtn Rishi Wadhwa and Rtn Amit Shah, our *Speakers Meet* has seen a vibrant resurgence. From a mentalist's insight to a Retd. Major's account of Operation Sindoor, and even a dialogue with an intimacy coach, we've curated a rich tapestry of thought-provoking sessions that have reignited member interest. Our social gatherings have also been refreshingly diverse, fostering deeper bonds and spirited camaraderie during our dinner meets. Thanks to all the hosts for the same

## CAPITAL T100 – A SPORTING TRIUMPH

Our inaugural *Capital T100* cricket tournament—a 100-ball, pink-ball spectacle—was nothing short of iconic. With over 10 team owners and 250 players across districts, it became the talk of the town. My deepest appreciation to Rtn Rajesh Shah, ably supported by Rtn Sarvesh Patel, Rtn Amit Shah and Rtn Rohit Shroff, for orchestrating this landmark event with finesse.

A special mention to Rtn Bobby Varindar Singh, whose masterful auctioneering elevated the *Capital T100 Auction* to a professional-grade spectacle.

## YOUTH & COMMUNITY SERVICE

Rtn Vipul Datta ensured the seamless installation of all our Rotaract clubs. Rtn Pranav Lilani and Ann Reshma Kriplani successfully installed four Interact clubs and initiated a new one at SKDT School, Villivakkam. Ann Reshma also spearheaded monthly speaker sessions across our Interact schools—her dedication to nurturing young minds is truly commendable.

## HEALTH, DEVELOPMENT & VOCATIONAL SERVICE

Under the stewardship of Rtn Prashant Gireesh, we conducted impactful health camps in collaboration with our Rotaract clubs, followed by vocational training programs:

- Basketball coaching for destitute children (1 month)
- AARI embroidery training for five women (1 month)

We proudly served as Diamond Sponsors for the District Health Event and supported the RC of Guindy's Chess Competition as a sponsor club.

## GLOBAL GRANTS & FUNDRAISING

Our Global Grant initiatives are progressing steadily, thanks to Rtn



## STAR OF THE CAPITAL FAMILY



Rtn. Dr. C. M. Kishore was felicitated by  
Rotary International President Francesco Arezzo  
for the creation of the Dr. C. Mohan Reddy  
Endowment Fund.



President Rtn Apoorva Modi was recognized by  
RI President Rtn Francesco Arezzo for his  
continued support to the Rotary Foundation  
as a Major Donor

Rtn. M. Muruganantham (Rotary International Director) and Rtn. Devendran (District Governor, RID 3233)  
also graced the occasion.

Rtn Sanjay Goel was recognized by RI President  
Rtn Francesco Arezzo for his continued support  
to the Rotary Foundation as a Major Donor

Rtn Aloke Mimani was recognized by RI President  
Rtn Francesco Arezzo for his continued support  
to the Rotary Foundation as a Major Donor



Rtn Shriram Duvvuri was felicitated and recognized by RI President  
Rtn Francesco Arezzo for his continued support to the Rotary Foundation as a Major Donor



JUNE 28 2025  
*Installation*  
OF RTN. APOORVA MODI  
AS PRESIDENT ALONG WITH  
TEAM 2025-2026



Hosts : Ann. Roshni & Rtn. Apoorva Modi | Ann Khushi & Rtn. Rajkumar Narang  
Ann. Sunita & Rtn. Alok Mimani | Ann. Sofia & Rtn. Hemant Khandelwal  
Ann. Dhwani & Rtn. Sriram M.

# DECODING A MENTALIST

## An unforgettable evening of wonder

SPEAKER MEET  
12 JULY  
MARIOTT

01

Capital hosted its first speaker meet of the year and it turned out to be a mesmerizing experience with over 55 heads in attendance. The mentalist's mind reading skills and witty humour left everyone spellbound.



Rotary District 3233  
UNITE FOR GOOD  
NOTICE IS HEREBY GIVEN THAT THE 2<sup>ND</sup> MEETING OF THIS ROTARY YEAR

TOPIC:  
**DECODING A MENTALIST**

12 JULY SATURDAY 07:30 PM

VENUE:  
MARIOTT COURTYARD, TEYNAMPET

RAMESH ARAVIND IS A CELEBRITY MENTALIST & MAGICIAN. HE STARTED HIS CAREER IN 2016 & HAS PERFORMED OVER 2,500 SHOWS ACROSS INDIA & HAVE ENTERTAINED MANY CELEBRITIES IN KOLLYWOOD, AS WELL AS APPEARED ON SEVERAL TV SHOWS.

Speaker Name: Ramesh Aravind Mentalist

RTN. APOORVA MODI PRESIDENT  
RTN. RAJKUMAR NARANG SECRETARY  
RTN. RISHI WADHWA CLUB SERVICE DIRECTOR



ROTARY INTERNATIONAL BUSINESS MEETING  
21 JULY  
PRESIDENCY CLUB

Rotary District 3233  
UNITE FOR GOOD

Rotary International District 3233  
**Business Meeting**  
For the Presidents, Secretaries & District Officials  
Rtn. D. Devendran  
District Governor



1<sup>st</sup> District Business Meet at Presidency Club was attended by President Rtn Apoorva Modi, Secretary Rtn Rajkumar Narang, District Dandiya Nite Addl. Chairman - Rtn Amit Shah, District Rotaract Chair - Dr C M Kishore Reddy and District RYLA Chair - Rtn Varindar Singh (Bobby).



# BOARD MEETING 12 JULY PRESIDENCY CLUB

01



02

## SPEAKER MEET 08 AUGUST MARIOTT

### OPERATION SINDOOR & WOMEN EMPOWERMENT IN INDIAN ARMED FORCES

It was our privilege to have **Major Prajakta Desai**, an Indian Army veteran and accomplished military aviation professional as our Guest Speaker. She gave us insights on the incidents of April and May 2025. Drawing from her decade long service, she shared powerful stories of leadership, resilience and purpose, highlighting the evolving role of women in defence services. She spoke about her post-army leadership and her work as a motivational speaker and her passion for Animal rescue. The engaging session resonated deeply with members, sparking meaningful conversations on gender equality, service and leadership.

# Intimacy &

# Self Love

SPEAKER MEET  
12 SEPTEMBER  
MARIOTT

03



**JOINT SPEAKER MEET** - Rotary Club of Chennai Capital and Rotary Club of Chennai Elite invited Shruti Lakhota as a speaker on 12<sup>th</sup> September @ Courtyard Marriott. Shruti is a certified life coach and motivational speaker specializing in Relationship Intimacy & Self-love

## ROTARY INTERNATIONAL PRESIDENT MEET

24 AUGUST

HYATT



RCCC President Rtn Apoorva Modi, First lady Ann Roshni Modi, Rtn Dr CM Kishore and Rtn Rajkumar Narang had the privilege to meet Rotary International President Francesco Arezzo @ Hyatt



# Snapshots of RCCC at District Events

#rotarydistrict3233  
#chennaicapitalrocks  
#uniteforgood

29.06.2025

Rotary District Events

MUDRA Follow

Ann Roshni Modi, Ann Shalini Duvvuri, Rtn Rajiv Sampat and more attended "Mudra" the installation ceremony of DG Rtn D Devendran and First Lady Archana on 29<sup>th</sup> June, 2025

02.07.2025

Rotary District Events

AID FOR THE VISUALLY IMPAIRED Follow

Ann Roshni Modi was part of lunch organised by The Rotary Club of Chennai Sunrise for the Visually Challenged" at TBM Primary School. First Lady of district Ann Archana, was the Chief Guest for this event.

02.07.2025

Rotary District Events

INSTALLATION Follow

Rtn Shriram Duvvuri - Dist. Governor RI 3233, Rotary year 2026-27, was the Chief Guest for the Installation ceremony of Ruby Jubilee President Pravin Tellakula of Rotary Club of Madras, Ann Shalini Duvvuri along with First Lady Ann Roshni Modi attended the Installation ceremony.

12.07.2025

Rotary District Events

INSTALLATION Follow

AG Rtn Rajiv Sampat and First Lady Roshni Modi attending the Installation of Rtn I.Syed Sajan of Rotary Club of Aarch City of Madras.

13.07.2025

Rotary District Events

INSTALLATION Follow

President Rtn Apoorva Modi with First Lady Ann Roshni Modi attended the installation ceremony of Rtn M Arulkanth on 13<sup>th</sup> July @ Alumni Club, R.A.Puram.

13.07.2025

Rotary District Events

INSTALLATION Follow

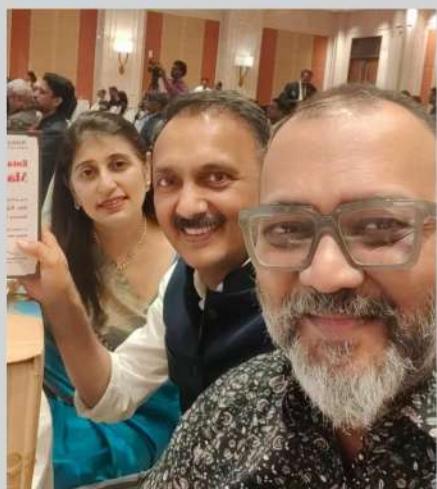
President Rtn Apoorva Modi with First Lady Ann Roshni Modi attended the Installation ceremony of Rtn R Venkatesh - President of Rotary Club of Chennai Towers on 13<sup>th</sup> July, @ Grand Chennai, T Nagar

# VETRI VIZHA



Capital at the DISTRICT event "VETRI VIZHA". A moment of great pride for ROTARY CLUB OF CHENNAI CAPITAL winning 23 Awards and Recognitions.

Congratulations to President Rtn Hemant, Secretary Rtn Manoj and all Capital members for this recognition. Truly a testament to everyone's dedication and collective spirit.



## Awards received by Rotary Club Of Chennai Capital in June 2025

- Excellence in School Blocks Construction / Literacy Activities
- Excellence in Best Attendance / Family Participation
- Excellence in Membership Retention
- Excellence in Outstanding Public Image Project
- Partnering in CSR / Global Grant Project
- Excellence in Health - Best Medical Project
- Unique and Impactful Project 21 Bed Dialysis Centre
- Excellence in Development - Go Green / Environmental Activity
- Excellence in Best Bulletin / Social Media / Website
- Excellence in Health - Blood Donation Camps / Highest Collection Of Units
- Excellence in RYLA with a difference
- Excellence in Membership Net Growth
- Excellence in Press / Social Media Coverage
- Excellence in Best Annette's Club
- Excellence in Working with Sister Clubs / Friendship exchange
- Excellence in Best Vocational Service Award
- Excellence in General Medical Camps / Awareness Program
- Excellence in Best Rotaract Club / Program
- The Rotary Foundation Highest in Total Club Contributions
- Unique and Impactful Project Environmental Forest at Medavakkam
- Outstanding Commitment & Enthusiastic Participation District organised events
- Excellence in Rotary keeping / Club Basics
- Unique and Impactful Project Golf Tournament

## Other Recognitions:

- Appreciation Regional Secretary Rajeev Sampat
- Appreciation for Major donor - Dr Kishore & Shriram Duvvuri



04.08.2025

Rotary District Events

NAMMA VEETU VALAIKAPPU

First Lady Ann Roshni Modi attended the District Project - Namma Veetu Valaikappu. It was a celebration of 100 Pregnant moms - traditional baby shower and bangle ceremony. The First Lady blessed the Pregnant mother during the Nalangu with the flowers, Kumkum and bangles.

04.08.2025

Rotary District Events

DONATION

First Lady Roshni Modi along with 8 First ladies and District First Lady Archana Devendran donated 30 Grocery hampers to the visually impaired, who can make a living by selling the same in trains. First Lady Roshni was also a part of the meal distribution service at TBM school, Kelly's.

13.07.2025

Rotary District Events

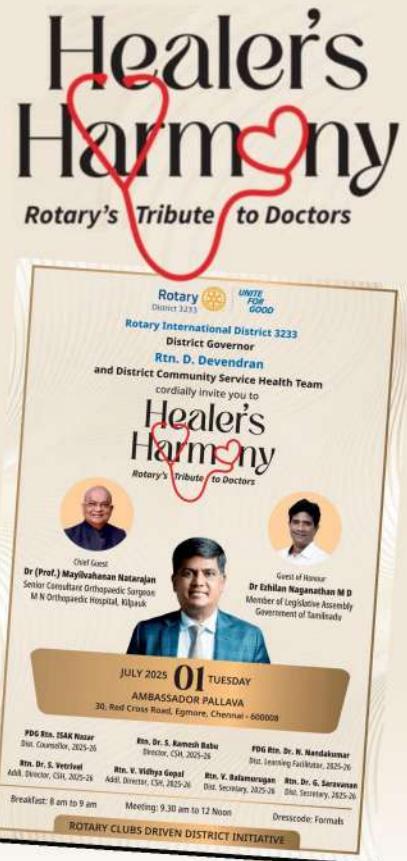
FELICITATION & NAVRATRI GOLU

The First Ladies of District felicitated the talented choreographer of our Dandiya Night. Later, the group visited First Lady Sangeeta Narayanan of Rotary Club Madras North East to celebrate the beautiful tradition of Golu.

## COMMUNITY SERVICE

01  
JUL

Chennai Capital was the Diamond sponsor for Doctors day district event held. It was attended by Community Service Health director Rtn Dr Prashant Gireesh and Secretary Rtn Rajkumar Narang.



## EYE SCREENING CAMP

Rotary Club of Chennai Capital had conducted a Eye camp at BETTER WORLD shelter, a home for destitute and homeless women. Thanks to Rtn Prashant Gireesh for driving this camp.



13  
AUG



16  
AUG

RCCC in association with RC of Hindustan and Rotaract Club of HU had conducted a AI based TB Screening camp. The camp was held at Madyatur Village. The project was attended by Rtn Prashant Gireesh and Rtn Gnanasekhar from their respective clubs and Rotaractors of Hindustan University volunteered & organised the camp and canvassed the same among villagers to get a good turnout at the camp.

## HEALTH SCREENING & AI BASED TB SCREENING CAMP



02  
SEP

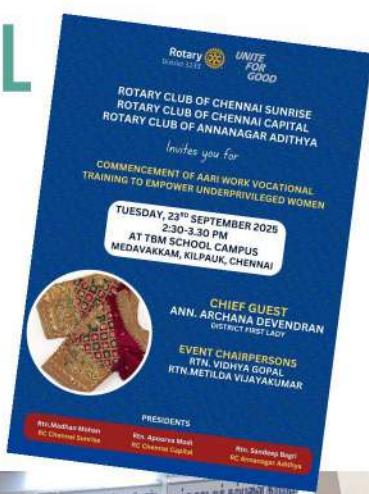
## Annadanam

First Lady Roshni Modi with the aid from all the First Ladies of District provided Lunch and Groceries to 80+ visually challenged People at the TBM School campus.

District First Lady Archana was the Chief Guest.



## VOCATIONAL TRAINING



"A beautiful way to celebrate! On President Apoorva Modi's birthday the First Lady of Chennai Capital Ann Roshni Modi extended her support by sponsoring a 20-day Aari embroidery course for 5 deserving women. This program was held at TBM School, Medavakkam. This form of Art is helping them to learn new skills that can open doors to new opportunities and self-reliance.

23  
SEP



## CLUB SERVICE

An afternoon well spent, on 27<sup>th</sup> July, 2025 @ Origami was nothing short of fantastic fellowship filled with laughter, heartfelt conversations and the joy of simply being together.



On 7th August, Anns of Rotary Club of Chennai Capital participated @ The Heritage Hunt Rotary Car Rally organised by the Madras Motor Sports Club. Flag off was from Guru Nanak College, Velachery



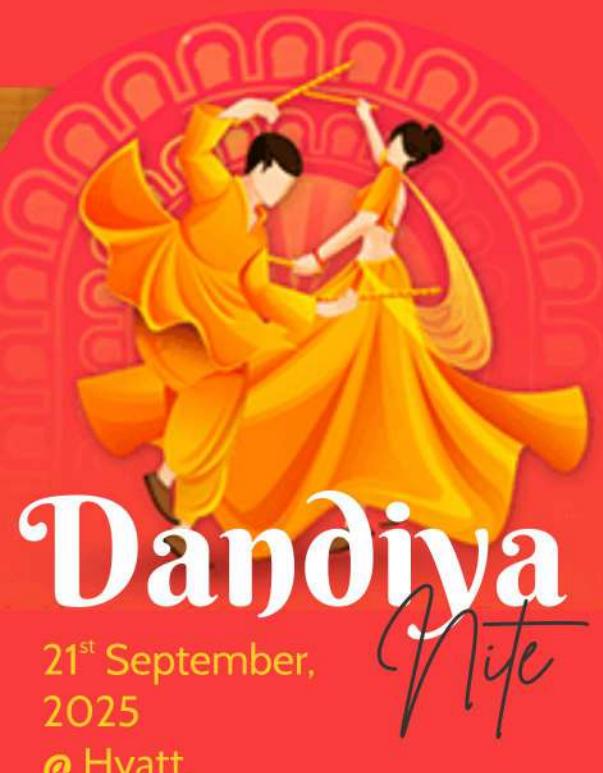
## देसी VIDESI

DESI VIDESI was the theme of the Social hosted by Ann Swathirekha n Rtn.Madhan | Ann Indu & Rtn Praveen | Ann Deepthi & Rtn Ramesh | Ann Praveen & Rtn Kavalpreet. Desi swag + Videsi twist – It truly was an epic night.



## Welcome!

The family of RCCC welcomed 3 New Rotarians  
Rtn Sivaraman and Ann Saranya  
Rtn Rajeshwar and Ann Divya  
Rtn Rohit Goyal and Ann Shweta



# Dandiya Nite

21<sup>st</sup> September,  
2025  
@ Hyatt.

"WHAT A NIGHT! Rotary Club of Chennai Capital was the proud Lead Club for the Dandiya Nite District event, and it was ABSOLUTE FIRE!

## THE DREAM TEAM:

- Rtn DK Jain (Chairman) - You nailed it!
- Rtn Amit Shah & Rtn Sripal Kothari (Co-Chairmen) - Your energy was contagious!

## THE PARTY HIGHLIGHTS:

- Over 350 of us came together to dance the night away!
- Our traditional Gujarati band and singer got everyone in the mood for Garba and Dandiya!
- Aarti ceremony that set the tone for an unforgettable night
- First Ladies of the District, including our very own Ann Roshni Modi, brought the house down with their performance!

## THE GUEST OF HONOUR:

DG Rtn Devendran and his family joined us, making the evening even more special!

Special thanks to Ann Nishi & Ann Rajul for judging the event.

HUGE KUDOS to the entire team for pulling off an epic event!  
You're all ROCKSTARS!

## Capital T 100: RCCC's Trailblazing 100-Ball Cricket Extravaganza

In a spirited celebration of sport, fellowship, and innovation, the Rotary Club of Chennai Capital (RCCC) launched its inaugural Capital T 100 tournament—a dynamic 100-ball cricket format that captivated players and spectators alike. Held over three thrilling weekends from **August 10<sup>th</sup> to August 24<sup>th</sup>**, the event marked a bold new chapter in RCCC's commitment to community engagement and camaraderie.

### Visionary Leadership and Flawless Execution

The tournament was conceptualized and brought to life under the presidentship of Rtn Apoorva Modi, whose leadership infused the event with purpose and precision. Spearheading the initiative was Event Chairman Rtn Rajesh Shah, supported by Event Secretary Rtn Sarvesh Patel and committee members Rtn Amit Shah and Rtn Rohit Shroff. Together, they orchestrated a seamless experience that blended professional standards with Rotary values.

### A Tournament Like No Other

With 10 team owners and over 220 registered players, Capital T 100 drew enthusiastic participation from across the district.

### ACKNOWLEDGEMENTS:

We extended his heartfelt thanks to:

- **Dr Kishore**, for securing our Title Sponsor – Meenakshi Academy of Higher Education and Research
- **Rtn. Deepak Dugar**, for joining us as Co-Sponsor for the Capital T100 inaugural tournament, with **Mahavir Finance India Ltd.**

A sincere thank you to the following members for their generous contributions:

- **Rtn. Sriram Duvvuri** – as Awards Sponsor – **PFM Prakash Foods n Feed Mills Pvt. Ltd.**
- **Rtn. Rajesh V Shah** – as Cap Sponsor- **Evolve Energy group**
- **Rtn. Deepak Tatia** – as Auction Sponsor
- **Rtn. Venkatesh Subramanian** as Left Sleeve Sponsor - **Inshine Global**
- Right Sleeve Sponsor - **Avijeet Agencies Pvt. Ltd.**
- **Rtn. Vinay Grandhi** as Hospitality Sponsor - **Kindelicious Foods Pvt. Ltd.**
- **Rtn. Pandian** – as YouTube Live Streaming Partner - **Estilo fashion**
- **Rtn Varindar Bobby** for sponsoring the stunning trophy



# ROTARY CLUB OF CHENNAI CAPITAL CAPITAL T100





The **PLAYER AUCTION**, held at Presidency Club on 11<sup>th</sup> July, was a standout affair—graced by District Governor Rtn Devendran and Past District Governor Rtn Srinivasan. The auctioneer, Rtn Bobby Varindar Singh, conducted proceedings with flair, setting a tone that rivalled professional leagues.

The tournament's **INAUGURAL** opening match took place on August 10, 2025 at Vivekananda Grounds. It was symbolic and spirited, with DG Rtn Devendran bowling the ceremonial first ball to DGE Rtn Shriram Duvvuri. From that moment, the competition unfolded with intensity, sportsmanship, and several nail-biting finishes.

#### A FINAL to Remember

The grand finale between Idea Housing Hawks and Team Ojass on Friday, 5<sup>th</sup> September 2025 @ Vivekananda Ground, Mylapore was nothing short of cinematic. With the match hanging in balance until the very last delivery, Idea Housing Hawks clinched victory by a single run, etching their name into RCCC history.

#### Celebrating Fellowship and Sporting Spirit

The **AWARDS CEREMONY** was a fitting tribute to the tournament's success. DG Rtn Devendran presented the championship trophy to the winning captain, joined by Rtn Vishwanath Krishnan, President Rtn Apoorva Modi, and Event Chairman Rtn Rajesh Shah. The presence of team owners, donors, and players underscored the event's spirit of unity and celebration.

#### A First in Format and Flair

Capital T 100 broke new ground by introducing the pink ball and the 100-ball format—a first for the region. The tournament quickly became the talk of the town, praised for its innovation, inclusivity and execution.

## YOUTH SERVICE INTERACT CLUBS

# JAI GOPAL GARODIA SCHOOL GOVT. GIRLS HR. SEC. SCHOOL

The President Rtn Apoorva Modi along with Interact Chair Rtn Pranav Lilani and Rtn Priya Sridhar graced the occasion of Installation of Ashwitha as Chairperson of Interact Club of Jai Gopal Garodia Govt Girls Higher Secondary School on 8<sup>th</sup> July, 2025. Rtn Annamalai S - Dist Interact Chairman 2025-26 was the Chief Guest. The event was attended by 200 students.



## SHREE K. SUGNIBAI SANATANA DHARMA GIRLS HIGHER SECONDARY SCHOOL

Installation Ceremony of the Interact Club of Shree K Suguni Bai Sanatana Dharma Girls Higher Secondary School was held on 25<sup>th</sup> July, 2025. Rtn Aloke Mimani was the Chief Guest. Rtn President Apoorva Modi, Rtn Pranav Lilani, Rtn Ashish Damani were the Guests of Honour for the Installation ceremony.



# INTERACT Installations

## G K JAIN SCHOOL

Management & Students of G.K.JAIN SCHOOL invited Rtn Pranav Lilani as the Chief Guest, Rtn Apoorva Modi and Rtn Aloke Mimani as their Guest of Honour for the installation ceremony of office bearers of Interact Club 2025-2026 on 18<sup>th</sup> August, 2025.



## S. K. D. T. HR. SEC. SCHOOL

Rotary Club of Chennai Capital chartered a **New Interact Club** on 06<sup>th</sup> Aug, 2025 @ S.K.D.T. Higher secondary school, Villivakkam. The installation ceremony was professionally conducted by the school. A big thank you to Rtn. M Senthilkumar District Youth Service Director for inspiring the students with 'I am the Leader ....I will win'. A Big Thank u to Rtn. Dr Kishore Reddy for his wholehearted support in chartering the Interact Club.



## THE ROLE OF LAUGHTER AND JOY IN PROMOTING WELLBEING”

On 31<sup>st</sup> July a speaker meet by Krishwan Kris was held @ the Interact club of Shree K. Sugunibai Sanatana Dharma Girls' Higher Secondary School, Sowcarpet. Krishwan, is a Oneness Energy-based Life Coach, founder of The Awakened Reality and a wellness coach that specialises on teaching people how our thoughts create our reality. How we should become the best and happiest version of ourselves through healing our shadows, pain and limiting beliefs, via self love Self -awareness, knowing's of the law of attraction, inspired actions and mindful approaches towards our lives.



01

## “BALANCING ACADEMICS AND EXTRA CURRICULAR ACTIVITIES.”

On 14<sup>th</sup> August, Speaker - Krishwan Kris was invited @ The Interact Club Of Shree K. Sugunibai Sanatana Dharma Girls' Higher Secondary School to speak on "Balancing Academics and Extra Curricular Activities." The session was very interactive and lively as the topic was relevant to the present scenario. Drawing Competition also was conducted, sponsored by Rotary Club of Chennai Capital.

02



## “AI IN EDUCATION.”

Ms Darshana Jain was invited as a Speaker at Interact Club of Sri Kanakdurga Hr. Sec. School, Chennai on 26<sup>th</sup> August, 2025. As a part of Rotary International and Rotary Club of Chennai Central's social initiatives, she had the privilege to engage with students on the topic - AI in Education.

The students explored:

- How AI can make studying smarter and easier
- Practical ways students can use AI in everyday learning
- Exciting career/educational opportunities opening up in the world of AI
- The importance of adapting skills to stay future-ready.

03



# INTERACT Speaker meets

04



## "WHAT MAKES SOMEONE A GOOD LEADER"

Mr. Krishwan Kris was invited on 28<sup>th</sup> August, 2025 at The Interact Club of Shree K. Sugunibai Sanatana Dharma Girls' Higher Secondary School, Chennai to speak on the Topic: What makes someone a good leader.

## "BALANCING ACADEMICS AND EXTRA CURRICULAR ACTIVITIES."

After a wonderful session at Sugnibai school, Ms. Darshana Jain, the versatile career counsellor and international education consultant was invited on 28<sup>th</sup> August, 2025 at Interact Club of Sri JRET Girls High School, Peravallur to enlighten the children on how to lead a balanced school life.

05



## "IMPACT OF SMALL ACTS OF KINDNESS."

Ms. Deepa Ilango, was the Speaker at the Rotary Club of Chennai Capital - Interact Club of Shree K Sugunibai Sanatana Dharma Girls Hr. Sec. School, Sowcarpet on 4<sup>th</sup> September, 2025 to speak about the Impact of Small acts of Kindness.

06



## YOUTH SERVICE ROTARACT CLUBS

Joint installation of Rotaract clubs sponsored by Rotary Club of Chennai Capital was held on 19<sup>th</sup> July 2025, at Good Shepherd Hall, HITS Campus, Padur.

The Incoming Club President are as follows

- Rtr Raja Pragatheeshwari of RAC Hindustan University
- Rtr Asfar MD of RAC of KCG
- Rtr Sheik Md of RAC of Chennai Capital

The event was attended by Chief Guest Rtn Kishore Reddy, District Rotaract Chair, Guest of Honor Rtn Ashok Verghese, Direct HI, Rtn Varindar Bobby District RYLA Chair, Rtn Vipul Dutta, Youth Service, RCCC and Rtn Apoorva Modi, President of RCCC.

The event was also attended by Spl Invitee Rtn Sudalaimuthu, President RC Chennai Hindustan, Rtr Dinesh Kumar, District Rotaract Representative. Rtn Gnansekar the coordinator for all Rotaract clubs was also present for the occasion.



## JOINT INSTALLATION OF ROTARACT CLUBS SPONSORED BY ROTARY CLUB OF CHENNAI CAPITAL



## International Relations



Rtn Hemant Khandelwal & Ann Sofia met up with Rtn Stephanie, Past President of Rotary Club of Naperville Sunrise.

They exchange Flags and a few laughs...:-)



# KNOW THE TEAM

## Reshma Kriplani

Rotarians & Anns get introduced to

- Name
- Walked the aisle with Manish on
- Annettes
- Education
- Profession or Speciality
- Post held this rotary year
- Your vision for the club this year
- High point of this Qtr for you
- Your message to Fellow Rotarians

- Reshma Kriplani
- 5<sup>th</sup> July 1996
- Khushiy and Sahaanaa
- Diploma courses on PS Psychology
- Front office executive management floor, Working in Raj Global Holdings Pvt Ltd
- Project Facilitator
- To educate and empower as many women and girl children as I can
- The career counselling talk at Sungnibai School for the girls
- The universe has our back



## Rajesh Shah

Rotarians & Anns get introduced to

- Name
- Walked the aisle with Kavita on
- Annettes
- Education
- Profession or Speciality
- Post held this rotary year
- Your vision for the club this year
- High point of this Qtr for you
- Your message to Fellow Rotarians

event and social gathering. Each time we come together, we build stronger bonds, greater impact and lasting friendships.

- Rajesh Shah
- 23<sup>rd</sup> November
- Unnati and Bansi
- College
- Run a company which specialises in Solar power
- Chairman Capital T100 Cricket tournament
- Conduct the first edition of the tournament in grand manner.
- Completion of tournament in a flawless manner.
- Let's continue to show the Rotary spirit by being present at every,

# Editors



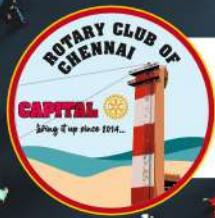
Ann. Sonu



Ann. Dhwahi



Rtn. Sriram



UNITE  
FOR  
GOOD

Rotary Club of Chennai Capital  
District 3233



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